

BICEP CURL

JXBT - 401 - RBK - BL

A flat arm pad allows for a comfortable workout. It makes sure that the elbows are aligned in order to reduce joint compression. A unique pivot points allows the user flexibility in defining and maintaining the movement path. The X-Plus Series Bicep Curl provides a maximum weight of up to 165 lbs.



FEATURES

- ◆ **Ergonomic Handles:** Designed for a comfortable, secure grip.
- ◆ **Adjustable Seat:** Customizes height for optimal positioning and proper form.
- ◆ **Durable Construction:** Built with high-quality materials for long-lasting performance.
- ◆ **Comfort Padding:** Cushioned arm supports for added comfort.
- ◆ **Compact Design:** Space-efficient, ideal for smaller gym setups.

SPECIFICATIONS

DIMENSIONS:

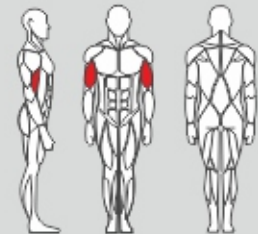
Length: 48 inches / 122 cms

Width: 36 inches / 91 cms

Height: 58 inches / 147 cms

Weight: 410 lbs / 186 kg

Weight stack: 165 lbs / 75 kg



MUSCLE WORKED: Brachialis, Brachioradialis

COLOUR AVAILABLE: Dark Silver